



## Never Have a Bad Day Ever Again (Hardback)

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By Max Wigram, Murray Partridge

Quadrille Publishing Ltd, United Kingdom, 2008. Hardback. Book Condition: New. 124 x 104 mm. Language: English . Brand New Book. Being nice, unnecessarily. Making up a new swear word. Closing your eyes. All day long your mind and body are providing you with little tiny explosions of pleasure. A kiss, a smell, a funny thought, a sneeze, a good plan. these wonderful pleasures are offered to you regularly, free of charge, unheralded and unsolicited. This book records, such small everyday pleasures, recognising them and finally giving them the credit they are due. Simple yet profound, fleeting yet recurrent, free yet liberating, these pleasures are within the reach of us all. They will make you smile, and will encourage you to live in the moment, to take time, to think about them and savour them. And you can make and share your own discoveries. This desirable little book has the potential to change your life forever. Read it, enjoy it, learn from it. and it is just possible that you will never have a bad day ever again.



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