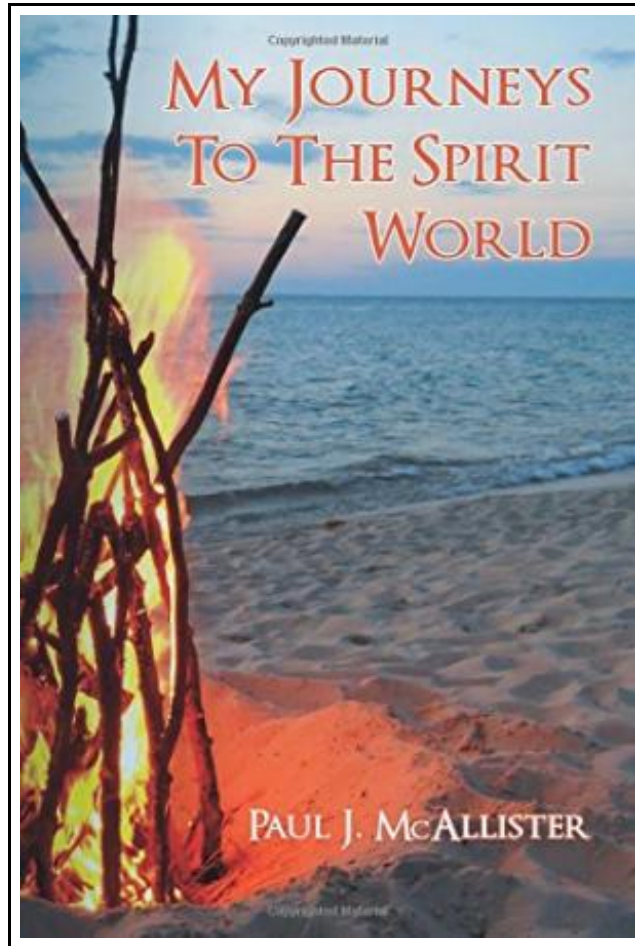


My Journeys to the Spirit World



Filesize: 6.52 MB

Reviews

Merely no terms to spell out. We have read through and i also am confident that i will gonna read yet again again in the future. You will not sense monotony at anytime of your own time (that's what catalogs are for about should you question me).

(Pasquale Larkin I)

MY JOURNEYS TO THE SPIRIT WORLD



Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.How does it happen? How does someone raised Roman Catholic find himself journeying to the spirit world, interacting with spirit guides, and performing soul retrievals? This book is Paul J. McAllisters answer to that question. What makes the book interesting is that, unlike many how-to shamanic books, My Journeys To The Spirit World focuses on the authors personal journeying experiences. Between June 2011 and June 2013 the author made approximately 200 journeys to the spirit world; journaling each visit immediately after it occurred. This book presents the thirty plus most memorable journeys. It includes details of his interactions with power animals and spirit guides, the intentions for each journey, and the beneficial results of contacting the spirit world. In Chapter One the author describes initial spirit contacts he had while vacationing in Hawaii in 2011. Back on the mainland two weeks later, Paul was awakened from a sound sleep by Hawaiian spirits and given the opportunity to follow a new path. He accepted their invitation. In Chapter Two, the author briefly describes his personal spiritual quest. Following Catholicism into adulthood, the authors life took a turn into alternative spiritual ideas including years spent studying Rosicrucianism, Buddhism, Transcendental Meditation, the Order of the Golden Dawn, and ultimately shamanic practice. Chapter Three relates how he began journeying on his own. The author describes purchasing Awakening to the Spirit World by Sandra Ingeman and Hank Wesselman, reading their instructions on journeying, and using the accompanying CD to journey easily into and out of the spirit world. After several months, he decided to verify his experiences and signed up for a class titled "Introduction to Shamanic Journeying" by Lauren...



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