



Year of the Dunk: A Modest Defiance of Gravity (Hardback)

By Asher Price

Crown Publishing Group (NY), United States, 2015. Hardback. Book Condition: New. 218 x 150 mm. Language: English . Brand New Book. By embarking on a quest to dunk a basketball at the age of 34, journalist Asher Price investigates the limits of human potential starting with his own. We all like to think that (with a little practice) we could run faster, learn another language, or whip up a perfect soufflé. But few of us ever put those hopes to the test. In *Year of the Dunk*, Asher Price does, and he seizes on basketball's slam dunk--a feat richly freighted with distinctly American themes of culture, race, and upward mobility--as a gauge to determine his own hidden potential. The showmanship of the dunk mesmerized Asher as a child, but even with his height (six foot plus) and impressive wingspan, he never pushed himself to try it. Now, approaching middle age, Asher decides to spend a year remaking his body and testing his mind as he wonders, like most adults, what untapped talent he still possesses. In this humorous and often poignant journey into the pleasures and perils of exertion, Asher introduces us to a memorable cast of characters who help him...



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