



## The Parents' Toolkit: Simple & Effective Ways to Help Your Child Be Their Best

By Naomi Richards

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, The Parents' Toolkit: Simple & Effective Ways to Help Your Child Be Their Best, Naomi Richards, Do you wish your child had more confidence? Would you like to help them handle problems better at school or at home? Would you like to give your child the life skills to thrive in the face of change and challenge? Naomi Richards, the UK's leading kids coach, has been working with children and their parents for 8 years. Just as adults benefit from a life coach or a mentor at work, so too can children. By being your child's life coach you can help your child handle challenges such as making and keeping friends, dealing with bullying or peer pressure, sibling rivalry, getting homework done or dealing with a major change, such as moving schools or parents separating. In The Parents' Toolkit Naomi shares the key life tools she uses and teaches so that you can help your child successfully navigate childhood challenges and grow up into a happy, confident and resilient young adult. Her coaching tools include teaching your child positive self-talk, simple problem-solving techniques to encourage your child to arrive at the right...



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