



The Everything Guide to Narcissistic Personality Disorder: Professional, Reassuring Advice for Coping with the Disorder - at Work, at Home, and in Your Family

By Cynthia Lechan Goodman, Barbara Leff

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, The Everything Guide to Narcissistic Personality Disorder: Professional, Reassuring Advice for Coping with the Disorder - at Work, at Home, and in Your Family, Cynthia Lechan Goodman, Barbara Leff, Narcissistic Personality Disorder, often mistaken for a too-big ego or inflated self-esteem, is in actuality a severe psychological condition that ruins marriages, social relationships, work environments, and the sufferer's own sense of self. Although perceived as self-confident and arrogant, narcissists are really victims of devastatingly low self-esteem and insecurity. The Everything Guide to Narcissistic Personality Disorder is a comprehensive resource for readers who need guidance, including information on: * Identifying the symptoms in themselves and their loved ones * Different types of narcissists * Living with a narcissistic (one-way) relationship * Treatment options and methods * Preventing narcissism in children and young adults * Recovering from a narcissistic relationship with a parent, spouse, or friend Complete with an exclusive section on the epidemic of "net narcissism" due to social media, The Everything Guide to Narcissistic Personality Disorder is the complete guide to a misunderstood disorder that impacts millions everyday.

Reviews

It in one of the most popular ebook. It usually fails to price an excessive amount of. Its been printed in an extremely basic way in fact it is merely right after i finished reading through this book in which really altered me, change the way i believe.

-- **Sigrid Brown**

Absolutely one of the best pdf We have ever read. I really could comprehended every little thing using this written e book. I am easily could get a satisfaction of reading a written publication.

-- **Dr. Odie Hamill**