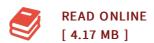




## The RFU Guide to Coaching Positional Skills

By Ian Thompson, Rugby Football Union, Gary Townsend

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, The RFU Guide to Coaching Positional Skills, Ian Thompson, Rugby Football Union, Gary Townsend, Written and endorsed by the RFU coach development team based at Twickenham, this book takes every position in the 15-a-side rugby union team and gives a series of specific drills, practice sessions and tips for coaching players to perform their unique duties. From high-ball drills for full-backs to mauling sessions for the front row, this is the first book that isolates and teaches the skills required of each position on the field. The RFU coach development team, comprised of eight positional coaches, is at the forefront of the worldwide development of coaching best practice. Each drill and session is fully supported by line drawings, photographs and guidance on coaching.



## Reviews

Good eBook and helpful one. It really is writter in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- Romaine Rippin

The book is great and fantastic. it absolutely was writtern very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Lyda Davis II

## Other Books



Games with Books: 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.



Games with Books: Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.



Everything Ser The Everything Green Baby Book From Pregnancy to Babys First Year An Easy and Affordable Guide to Help Moms Care for Their Baby And for the Earth by Jenn Savedge 2009 Paperback

Book Condition: Brand New. Book Condition: Brand New.



Baby Must Haves The Essential Guide to Everything from Cribs to Bibs 2007 Paperback

Book Condition: Brand New. Book Condition: Brand New.



Some of My Best Friends Are Books : Guiding Gifted Readers from Preschool to High School

Book Condition: Brand New. Book Condition: Brand New.



Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...